



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Messerschmidt, Lars

Club: DDMC Solling e.V. / mtb11.de
 Number: 394

Course: 40.80 km
 Mitteldistanz Lizenz

Category:
 Masters männlich

Total time: 1:24:02

Speed: 28.56 km/h

Rank in course/Total: 2 (of 17)

Rank in course/Men: 2 (of 14)

Best time in course: 1:21:28

Rank in category: 1(of 2)

Best time in the category: 1:24:02

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	16.30	33:15	28.87	1	-	1	-	16.30	33:15	28.87	1	-	2	
Lap 2	20.40	42:56	27.95	1	-	2	3:14	36.70	1:16:11	28.35	1	-	2	3:03
Last lap Finish	4.10	7:51	30.57	1	-	2	0:04	40.80	1:24:02	28.56	1	-	2	2:34