



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Bank, Christian

Club: NRT

Number: 412

Course: 40.80 km

Mitteldistanz Lizenz

Category:

Herren

Total time: 1:24:05

Speed: 29.11 km/h

Rank in course/Total: 3 (of 17)

Rank in course/Men: 3 (of 14)

Best time in course: 1:21:28

Rank in category: 2(of 6)

Best time in the category: 1:21:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	33:20	29.34	1	-	2	0:05	16.30	33:20	29.34	2			3	
Lap 2	20.40	42:58	28.49	2	3:16	3	3:16	36.70	1:16:18	28.86	2	3:10	3	3:10	
Last lap Finish	4.10	7:47	31.61	1	-	1	-	40.80	1:24:05	29.11	2	2:37	3	2:37	