



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Galk, Ingo

Club: Team Springe  
Number: 24

Course: 40.80 km  
Mitteldistanz

Category:  
Masters männlich

Total time: 1:34:27

Speed: 25.41 km/h

Rank in course/Total: 16 (of 109)

Rank in course/Men: 16 (of 100)

Best time in course: 1:24:36

Rank in category: 6(of 32)

Best time in the category: 1:24:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	37:29	25.61	6	3:56	17	3:56	16.30	37:29	25.61	27			60	
Lap 2	20.40	47:50	25.09	4	4:59	14	4:59	36.70	1:25:19	25.32	24			58	
Last lap Finish	4.10	9:08	26.28	4	0:56	14	0:56	40.80	1:34:27	25.41	6	9:51		16	9:51