



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Koch, Lars

Club: MTB RACE TEAM HÖXTER
Number: 36

Course: 40.80 km
Mitteldistanz

Category:
Senioren I

Total time: 1:35:20

Speed: 25.17 km/h

Rank in course/Total: 24 (of 109)

Rank in course/Men: 24 (of 100)

Best time in course: 1:24:36

Rank in category: 12(of 36)

Best time in the category: 1:30:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	37:03	25.91	4	1:36	11	3:30	16.30	37:03	25.91	30			52	
Lap 2	20.40	48:21	24.82	10	2:26	21	5:30	36.70	1:25:24	25.29	30			50	
Last lap Finish	4.10	9:56	24.16	20	1:20	44	1:44	40.80	1:35:20	25.17	12	5:00		24	10:44