



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

**Ilsemann, Marc**

Club: Focus RAPIRO Racing  
Number: 362

Course: 40.80 km  
Mitteldistanz

Category:  
Senioren I

Total time: 1:35:53

Speed: 25.03 km/h

Rank in course/Total: 26 (of 109)

Rank in course/Men: 26 (of 100)

Best time in course: 1:24:36

Rank in category: 14(of 36)

Best time in the category: 1:30:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	37:35	25.54	10	2:08	20	4:02	16.30	37:35	25.54	32			63	
Lap 2	20.40	49:10	24.41	14	3:15	28	6:19	36.70	1:26:45	24.90	32			93	
Last lap Finish	4.10	9:08	26.28	9	0:32	14	0:56	40.80	1:35:53	25.03	14	5:33		26	11:17