



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Delzer, Christoph

Club: NRT

Number: 418

Course: 40.80 km

Mitteldistanz

Category:

Herren

Total time: 1:36:05

Speed: 24.98 km/h

Rank in course/Total: 27 (of 109)

Rank in course/Men: 27 (of 100)

Best time in course: 1:24:36

Rank in category: 6(of 13)

Best time in the category: 1:29:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking								
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men		
Lap 1	16.30	37:54	25.33	6	2:23	25	4:21	16.30	37:54	25.33	6	2:23	98			
Lap 2	20.40	48:44	24.62	6	3:40	26	5:53	36.70	1:26:38	24.93	6	5:45	94			
Last lap Finish	4.10	9:27	25.40	6	0:34	26	1:15	40.80	1:36:05	24.98	6	6:19	27	11:29		