



7. Lönskrug \"Warm-up-Marathon\"  
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Heidschuster, Michael

Club: F29

Number: 322

Course: 40.80 km

Mitteldistanz

Category:

Senioren I

Total time: 1:36:53

Speed: 24.77 km/h

Rank in course/Total: 29 (of 109)

Rank in course/Men: 29 (of 100)

Best time in course: 1:24:36

Rank in category: 15(of 36)

Best time in the category: 1:30:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	16.30	37:36	25.53	11	2:09	21	4:03	16.30	37:36	25.53	33				96
Lap 2	20.40	49:53	24.06	15	3:58	32	7:02	36.70	1:27:29	24.69	33				92
Last lap Finish	4.10	9:24	25.53	13	0:48	25	1:12	40.80	1:36:53	24.77	15	6:33		29	12:17