



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

Detailed evaluation

Mailänder, Sebastian

Club: RG Paderborn 99 e.V.
 Number: 40

Course: 40.80 km
 Mitteldistanz

Category:
 Herren

Total time: 1:39:56

Speed: 24.02 km/h

Rank in course/Total: 35 (of 109)

Rank in course/Men: 35 (of 100)

Best time in course: 1:24:36

Rank in category: 9(of 13)

Best time in the category: 1:29:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind		
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men	
Lap 1	16.30	40:11	23.89	9	4:40	46	6:38	16.30	40:11	23.89	9	4:40	90		
Lap 2	20.40	49:52	24.06	8	4:48	31	7:01	36.70	1:30:03	23.99	9	9:10	86		
Last lap Finish	4.10	9:53	24.28	9	1:00	41	1:41	40.80	1:39:56	24.02	9	10:10	35	15:20	