



11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Creutzburg, Nancy

Club: fat fighters

Number: 31

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 45:08

Speed: 12.36 km/h

Running performance: 4:51 min/km

Rank in course/Total: 132 (of 374)

Rank in course/Women: 17 (of 102)

Best time in course: 39:44

Rank in category: 2(of 11)

Best time in the category: 42:13