



# 11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

## Detailed evaluation

**Köhler, Ljuba**

Club: LSV Lok Arnstadt

Number: 126

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 47:23

Speed: 11.40 km/h

Running performance: 5:05 min/km

Rank in course/Total: 167 (of 374)

Rank in course/Women: 27 (of 102)

Best time in course: 39:44

Rank in category: 5(of 17)

Best time in the category: 42:04