



11. Ilmenauer Osterlauf \ "Rund um die Talsperre Heyda\ "

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Uwlefuk, Tanja

Club: Bad Marienberg

Number: 298

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 53:59

Speed: 10.34 km/h

Running performance: 5:48 min/km

Rank in course/Total: 290 (of 374)

Rank in course/Women: 63 (of 102)

Best time in course: 39:44

Rank in category: 5(of 7)

Best time in the category: 39:44