



11. Ilmenauer Osterlauf \ "Rund um die Talsperre Heyda" \

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Bussian, Astrid

Club: Ilmenau

Number: 23

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:02:12

Speed: 8.68 km/h

Running performance: 6:41 min/km

Rank in course/Total: 360 (of 374)

Rank in course/Women: 96 (of 102)

Best time in course: 39:44

Rank in category: 29(of 30)

Best time in the category: 40:01