



# 11. Ilmenauer Osterlauf \ "Rund um die Talsperre Heyda\ "

Ilmenau, Ortsteil Heyda / 19.04.2014

## Detailed evaluation

**Stengel, Oliver**

Club: Gruena

Number: 484

Course: 18.50 km

Lange Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:04:36

Speed: 16.72 km/h

Running performance: 3:29 min/km

Rank in course/Total: 1 (of 157)

Rank in course/Men: 1 (of 138)

Best time in course: 1:04:36

Rank in category: 1(of 23)

Best time in the category: 1:04:36