



11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Lotz, Albrecht

Club: Lauffreunde Geratal

Number: 323

Course: 9.30 km

Nordic Walking

Category:

Nordic Walking Männer

Total time: 1:07:10

Speed: 8.04 km/h

Running performance: 7:13 min/km

Rank in course/Total: 2 (of 33)

Rank in course/Men: 1 (of 9)

Best time in course: 1:07:10

Rank in category: 1(of 9)

Best time in the category: 1:07:10