



11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Preoß, Michael

Club: RSV Stockheim

Number: 1037

Course: 9.30 km

Nordic Walking

Category:

Nordic Walking Männer

Total time: 1:10:39

Speed: 7.64 km/h

Running performance: 7:36 min/km

Rank in course/Total: 4 (of 33)

Rank in course/Men: 3 (of 9)

Best time in course: 1:07:10

Rank in category: 3(of 9)

Best time in the category: 1:07:10