



11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Stengel, Gudrun

Club: Leipzig

Number: 208

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:17:31

Speed: 7.20 km/h

Running performance: 8:20 min/km

Rank in course/Total: 373 (of 374)

Rank in course/Women: 101 (of 102)

Best time in course: 39:44

Rank in category: 5(of 5)

Best time in the category: 49:51