



# 11. Ilmenauer Osterlauf \ "Rund um die Talsperre Heyda\ "

Ilmenau, Ortsteil Heyda / 19.04.2014

## Detailed evaluation

**Roth, Andreas**

Club: LG Brechen

Number: 414

Course: 18.50 km

Lange Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:18:40

Speed: 13.73 km/h

Running performance: 4:15 min/km

Rank in course/Total: 19 (of 157)

Rank in course/Men: 18 (of 138)

Best time in course: 1:04:36

Rank in category: 6(of 25)

Best time in the category: 1:13:13