



11. Ilmenauer Osterlauf \ "Rund um die Talsperre Heyda\ "

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Bode, Elvira

Club: TSV 1899 Heyda

Number: 1001

Course: 9.30 km

Nordic Walking

Category:

Nordic Walking Frauen

Total time: 1:19:03

Speed: 6.83 km/h

Running performance: 8:30 min/km

Rank in course/Total: 15 (of 33)

Rank in course/Women: 7 (of 24)

Best time in course: 1:06:36

Rank in category: 7(of 24)

Best time in the category: 1:06:36