



11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Peschke, Steffen

Club: PDV Power Runners

Number: 407

Course: 18.50 km

Lange Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:26:20

Speed: 12.51 km/h

Running performance: 4:40 min/km

Rank in course/Total: 53 (of 157)

Rank in course/Men: 51 (of 138)

Best time in course: 1:04:36

Rank in category: 5(of 21)

Best time in the category: 1:18:56