



11. Ilmenauer Osterlauf \ "Rund um die Talsperre Heyda\ "

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Engeser, Prisca

Club: Lauscha

Number: 454

Course: 18.50 km

Lange Strecke

Category:

Frauen (20-29 Jahre)

Total time: 1:30:45

Speed: 12.23 km/h

Running performance: 4:55 min/km

Rank in course/Total: 72 (of 157)

Rank in course/Women: 5 (of 19)

Best time in course: 1:14:34

Rank in category: 1(of 1)

Best time in the category: 1:30:45