



11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt

Number: 354

Course: 18.50 km

Lange Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:34:53

Speed: 11.38 km/h

Running performance: 5:08 min/km

Rank in course/Total: 90 (of 157)

Rank in course/Men: 84 (of 138)

Best time in course: 1:04:36

Rank in category: 4(of 12)

Best time in the category: 1:31:36