



## 11. Ilmenauer Osterlauf \ "Rund um die Talsperre Heyda" \

Ilmenau, Ortsteil Heyda / 19.04.2014

### Detailed evaluation

**Kalsow, Christina**

Club: Ilmenau  
Number: 1008

Course: 9.30 km  
Nordic Walking

Category:  
Nordic Walking Frauen

Total time: 1:36:18

Speed: 5.61 km/h  
Running performance: 10:21 min/km

Rank in course/Total: 33 (of 33)  
Rank in course/Women: 24 (of 24)  
Best time in course: 1:06:36

Rank in category: 24(of 24)  
Best time in the category: 1:06:36