



# 11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

## Detailed evaluation

**Lesser, Holger**

Club: Gotha

Number: 401

Course: 18.50 km

Lange Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:42:41

Speed: 10.52 km/h

Running performance: 5:33 min/km

Rank in course/Total: 119 (of 157)

Rank in course/Men: 111 (of 138)

Best time in course: 1:04:36

Rank in category: 16(of 21)

Best time in the category: 1:18:56