



11. Ilmenauer Osterlauf \ "Rund um die Talsperre Heyda\ "

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Lippmann, Dieter

Club: Jena

Number: 515

Course: 18.50 km

Lange Strecke

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:46:57

Speed: 10.38 km/h

Running performance: 5:47 min/km

Rank in course/Total: 129 (of 157)

Rank in course/Men: 120 (of 138)

Best time in course: 1:04:36

Rank in category: 1(of 1)

Best time in the category: 1:46:57