



11. Ilmenauer Osterlauf \ "Rund um die Talsperre Heyda" \

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Meyer, Daniel

Club: Ingenieurburd Meyer

Number: 569

Course: 18.50 km

Lange Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:52:33

Speed: 9.60 km/h

Running performance: 6:05 min/km

Rank in course/Total: 143 (of 157)

Rank in course/Men: 129 (of 138)

Best time in course: 1:04:36

Rank in category: 11(of 12)

Best time in the category: 1:31:36