



11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Bartholome, Frank

Club: Flinke Gerataler

Number: 353

Course: 18.50 km

Lange Strecke

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:55:48

Speed: 9.59 km/h

Running performance: 6:16 min/km

Rank in course/Total: 146 (of 157)

Rank in course/Men: 132 (of 138)

Best time in course: 1:04:36

Rank in category: 6(of 7)

Best time in the category: 1:23:38