



11. Ilmenauer Osterlauf \"Rund um die Talsperre Heyda\"

Ilmenau, Ortsteil Heyda / 19.04.2014

Detailed evaluation

Gerling, Cornelia

Club: FSV 1950 Gotha

Number: 58

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 43:23

Speed: 12.45 km/h

Running performance: 4:40 min/km

Rank in course/Total: 96 (of 374)

Rank in course/Women: 10 (of 102)

Best time in course: 39:44

Rank in category: 3(of 30)

Best time in the category: 40:01