



# 24. Arnstädter Citylauf

Arnstadt / 26.04.2014

## Detailed evaluation

**Petermann, Kerstin**

Club: Arnstadt

Number: 305

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 55:18

Speed: 10.85 km/h

Running performance: 5:32 min/km

Rank in course/Total: 76 (of 103)

Rank in course/Women: 9 (of 23)

Best time in course: 44:00

Rank in category: 3(of 6)

Best time in the category: 50:00

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.70	8:23	4:55	4	0:30	12	1:39	1.70	8:23	4:55	3	0:30	10	0:12
Lap 2	2.34	12:53	5:30	3	1:18	9	2:34	4.04	21:16	5:15	3	1:48	10	0:08
Lap 3	2.34	13:11	5:38	3	1:25	9	2:50	6.38	34:27	5:23	3	3:13	15	
Lap 4	2.34	13:28	5:45	3	1:31	10	2:55	8.72	47:55	5:29	3	4:44	15	
Last lap Finish	1.30	7:23	5:40	3	0:34	9	1:46	10.00	55:18	5:31	3	5:18	9	11:18