



24. Arnstädter Citylauf

Arnstadt / 26.04.2014

Detailed evaluation

Krannich, Michelle

Club: ThSV 1886 Geschwenda

Number: 231

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 55:54

Speed: 10.73 km/h

Running performance: 5:35 min/km

Rank in course/Total: 79 (of 103)

Rank in course/Women: 12 (of 23)

Best time in course: 44:00

Rank in category: 2(of 2)

Best time in the category: 46:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.70	8:11	4:48	2	1:27	10	1:27	1.70	8:11	4:48	2	1:27	1	-
Lap 2	2.34	12:57	5:32	2	2:17	12	2:38	4.04	21:08	5:13	2	3:44	1	-
Lap 3	2.34	13:24	5:43	2	2:29	14	3:03	6.38	34:32	5:24	2	6:13	1	-
Lap 4	2.34	13:48	5:53	2	2:06	13	3:15	8.72	48:20	5:32	2	8:19	1	-
Last lap Finish	1.30	7:34	5:49	2	1:02	13	1:57	10.00	55:54	5:35	2	9:21	12	11:54