



24. Arnstädter Citylauf
Arnstadt / 26.04.2014

Detailed evaluation

Lohse, Isabel

Club: Ilmenau
Number: 14

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
Frauen (20-29 Jahre)

Total time: 17:25

Speed: 10.33 km/h
Running performance: 5:49 min/km

Rank in course/Total: 25 (of 25)
Rank in course/Women: 13 (of 13)
Best time in course: 11:42

Rank in category: 1(of 1)
Best time in the category: 17:25