



24. Arnstädter Citylauf

Arnstadt / 26.04.2014

Detailed evaluation

Keybe, Sebastian

Club: PSV Meiningen

Number: 110

Course: 5.00 km

Autohaus Gebrüder Kühn 5-km-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 17:05

Speed: 17.56 km/h

Running performance: 3:25 min/km

Rank in course/Total: 1 (of 39)

Rank in course/Men: 1 (of 25)

Best time in course: 17:05

Rank in category: 1(of 8)

Best time in the category: 17:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.39	4:34	3:17	1	-	1	-	1.39	4:34	3:17	1	-	25	
Lap 2	2.35	8:01	3:24	1	-	1	-	3.74	12:35	3:21	1	-	24	
Last lap Finish	1.30	4:30	3:27	1	-	1	-	5.00	17:05	3:24	1	-	1	-