



24. Arnstädter Citylauf

Arnstadt / 26.04.2014

Detailed evaluation

Rott, Franz

Club: LSV Lok Arnstadt

Number: 92

Course: 5.00 km

Autohaus Gebrüder Kühn 5-km-Lauf

Category:

männliche Jugend M14 (14 Jahre)

Total time: 18:40

Speed: 16.07 km/h

Running performance: 3:44 min/km

Rank in course/Total: 3 (of 39)

Rank in course/Men: 3 (of 25)

Best time in course: 17:05

Rank in category: 1(of 3)

Best time in the category: 18:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.39	5:06	3:40	1	-	4	0:32	1.39	5:06	3:40	1	-	3		
Lap 2	2.35	8:54	3:47	1	-	3	0:53	3.74	14:00	3:44	1	-	20		
Last lap Finish	1.30	4:40	3:35	1	-	2	0:10	5.00	18:40	3:44	1	-	3	1:35	