



# 24. Arnstädter Citylauf

Arnstadt / 26.04.2014

## Detailed evaluation

**Bachmann, Michael**

Club: LTV Obereichsfeld

Number: 108

Course: 5.00 km

Autohaus Gebrüder Kühn 5-km-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 22:06

Speed: 13.57 km/h

Running performance: 4:25 min/km

Rank in course/Total: 11 (of 39)

Rank in course/Men: 11 (of 25)

Best time in course: 17:05

Rank in category: 7(of 8)

Best time in the category: 17:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.39	5:33	3:59	6	0:59	10	0:59	1.39	5:33	3:59	7	0:59	16	
Lap 2	2.35	10:13	4:20	6	2:12	9	2:12	3.74	15:46	4:12	7	3:11	15	
Last lap Finish	1.30	6:20	4:52	7	1:50	12	1:50	5.00	22:06	4:25	7	5:01	11	5:01