



24. Arnstädter Citylauf

Arnstadt / 26.04.2014

Detailed evaluation

Kronacher, Jens Thorsten

Club: Erfurt-Kühnhausen

Number: 84

Course: 5.00 km

Autohaus Gebrüder Kühn 5-km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 25:26

Speed: 11.80 km/h

Running performance: 5:05 min/km

Rank in course/Total: 19 (of 39)

Rank in course/Men: 15 (of 25)

Best time in course: 17:05

Rank in category: 1(of 5)

Best time in the category: 25:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.39	6:21	4:34	1	-	18	1:47	1.39	6:21	4:34	1	-	12	0:35
Lap 2	2.35	11:56	5:04	1	-	15	3:55	3.74	18:17	4:53	1	-	11	1:09
Last lap Finish	1.30	7:09	5:30	3	0:15	18	2:39	5.00	25:26	5:05	1	-	15	8:21