



24. Arnstädter Citylauf

Arnstadt / 26.04.2014

Detailed evaluation

Beyer, Sarah-Michelle

Club: Saalfeld

Number: 72

Course: 5.00 km

Autohaus Gebrüder Kühn 5-km-Lauf

Category:

weibliche Jugend W14 (14 Jahre)

Total time: 31:04

Speed: 9.66 km/h

Running performance: 6:13 min/km

Rank in course/Total: 35 (of 39)

Rank in course/Women: 12 (of 14)

Best time in course: 22:10

Rank in category: 2(of 2)

Best time in the category: 26:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.39	6:35	4:44	2	0:14	7	1:01	1.39	6:35	4:44	2	0:14	12	0:58
Lap 2	2.35	15:02	6:23	2	2:36	14	4:31	3.74	21:37	5:46	2	2:50	12	5:10
Last lap Finish	1.30	9:27	7:16	2	1:57	14	3:26	5.00	31:04	6:12	2	4:47	12	8:54