



24. Arnstädter Citylauf

Arnstadt / 26.04.2014

Detailed evaluation

Krecker, Martin

Club: N3 Sportverein

Number: 273

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 36:45

Speed: 16.33 km/h

Running performance: 3:41 min/km

Rank in course/Total: 4 (of 103)

Rank in course/Men: 4 (of 80)

Best time in course: 31:54

Rank in category: 3(of 14)

Best time in the category: 31:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	1.70	5:38	3:18	3	0:39	3	0:39	1.70	5:38	3:18	3	0:39	57	
Lap 2	2.34	8:36	3:40	3	1:10	4	1:10	4.04	14:14	3:31	3	1:49	57	
Lap 3	2.34	8:52	3:47	2	1:14	4	1:14	6.38	23:06	3:37	2	3:03	57	
Lap 4	2.34	8:49	3:46	2	1:13	3	1:13	8.72	31:55	3:39	2	4:16	57	
Last lap Finish	1.30	4:50	3:43	3	0:35	5	0:35	10.00	36:45	3:40	3	4:51	4	4:51