



24. Arnstädter Citylauf

Arnstadt / 26.04.2014

Detailed evaluation

Wunderlich, Reiner

Club: KS Sportsworld

Number: 268

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 39:52

Speed: 15.05 km/h

Running performance: 3:59 min/km

Rank in course/Total: 9 (of 103)

Rank in course/Men: 9 (of 80)

Best time in course: 31:54

Rank in category: 2(of 13)

Best time in the category: 36:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.70	6:02	3:32	2	0:09	10	1:03	1.70	6:02	3:32	2	0:09	52		
Lap 2	2.34	9:14	3:56	2	0:31	10	1:48	4.04	15:16	3:46	2	0:40	52		
Lap 3	2.34	9:37	4:06	2	0:48	10	1:59	6.38	24:53	3:54	2	1:28	52		
Lap 4	2.34	9:42	4:08	2	0:53	9	2:06	8.72	34:35	3:57	2	2:21	52		
Last lap Finish	1.30	5:17	4:03	2	0:36	12	1:02	10.00	39:52	3:59	2	2:57	9	7:58	