



24. Arnstädter Citylauf

Arnstadt / 26.04.2014

Detailed evaluation

Kull, Andreas

Club: HSV Weimar

Number: 234

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 42:40

Speed: 14.06 km/h

Running performance: 4:16 min/km

Rank in course/Total: 22 (of 103)

Rank in course/Men: 22 (of 80)

Best time in course: 31:54

Rank in category: 2(of 8)

Best time in the category: 41:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.70	6:48	4:00	2	0:08	33	1:49	1.70	6:48	4:00	2	0:08	75	
Lap 2	2.34	10:02	4:17	2	0:18	24	2:36	4.04	16:50	4:09	2	0:26	76	
Lap 3	2.34	10:09	4:20	2	0:26	23	2:31	6.38	26:59	4:13	2	0:52	75	
Lap 4	2.34	10:07	4:19	2	0:17	19	2:31	8.72	37:06	4:15	2	1:09	78	
Last lap Finish	1.30	5:34	4:16	2	0:12	20	1:19	10.00	42:40	4:15	2	1:21	22	10:46