



24. Arnstädter Citylauf

Arnstadt / 26.04.2014

Detailed evaluation

Petermann, Philipp

Club: LsV Lok Arnstadt

Number: 304

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 42:56

Speed: 13.98 km/h

Running performance: 4:17 min/km

Rank in course/Total: 23 (of 103)

Rank in course/Men: 23 (of 80)

Best time in course: 31:54

Rank in category: 5(of 14)

Best time in the category: 31:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.70	6:47	3:59	7	1:48	32	1:48	1.70	6:47	3:59	6	1:48	77	
Lap 2	2.34	10:03	4:17	7	2:37	25	2:37	4.04	16:50	4:09	6	4:25	76	
Lap 3	2.34	10:08	4:19	5	2:30	22	2:30	6.38	26:58	4:13	5	6:55	76	
Lap 4	2.34	10:25	4:27	5	2:49	24	2:49	8.72	37:23	4:17	5	9:44	76	
Last lap Finish	1.30	5:33	4:16	5	1:18	19	1:18	10.00	42:56	4:17	5	11:02	23	11:02