



24. Arnstädter Citylauf

Arnstadt / 26.04.2014

Detailed evaluation

Frübing, Jasmin

Club: ZSG Waltershausen

Number: 2

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

weibliche Jugend W14 (14 Jahre)

Total time: 13:40

Speed: 13.17 km/h

Running performance: 4:34 min/km

Rank in course/Total: 11 (of 25)

Rank in course/Women: 5 (of 13)

Best time in course: 11:42

Rank in category: 1(of 1)

Best time in the category: 13:40