



24. Arnstädter Citylauf
Arnstadt / 26.04.2014

Detailed evaluation

Voigtmann, Katja

Club: Ichttershausen
Number: 263

Course: 10.00 km
Schwenninger 10-km-Lauf

Category:
Frauen (20-29 Jahre)

Total time: 44:00

Speed: 13.64 km/h
Running performance: 4:24 min/km

Rank in course/Total: 28 (of 103)

Rank in course/Women: 1 (of 23)

Best time in course: 44:00

Rank in category: 1(of 7)

Best time in the category: 44:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.70	7:05	4:10	2	0:06	4	0:21	1.70	7:05	4:10	1	-	13	
Lap 2	2.34	10:19	4:24	1	-	1	-	4.04	17:24	4:18	1	-	13	
Lap 3	2.34	10:21	4:25	1	-	1	-	6.38	27:45	4:20	1	-	13	
Lap 4	2.34	10:33	4:30	1	-	1	-	8.72	38:18	4:23	1	-	13	
Last lap Finish	1.30	5:42	4:23	2	0:05	2	0:05	10.00	44:00	4:24	1	-	1	-