



# 24. Arnstädter Citylauf

Arnstadt / 26.04.2014

## Detailed evaluation

**Häfner, Sven**

Club: WSC-Ober-Unterschönau

Number: 222

Course: 10.00 km

Schwenninger 10-km-Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 44:11

Speed: 13.58 km/h

Running performance: 4:25 min/km

Rank in course/Total: 29 (of 103)

Rank in course/Men: 28 (of 80)

Best time in course: 31:54

Rank in category: 1(of 2)

Best time in the category: 44:11

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 1.70        | 6:20          | 3:43            | 1           | -              | 17          | 1:21          | 1.70          | 6:20          | 3:43            | 1           | -              | 73         |               |
| Lap 2           | 2.34        | 10:18         | 4:24            | 1           | -              | 31          | 2:52          | 4.04          | 16:38         | 4:07            | 1           | -              | 72         |               |
| Lap 3           | 2.34        | 10:41         | 4:33            | 1           | -              | 29          | 3:03          | 6.38          | 27:19         | 4:16            | 1           | -              | 72         |               |
| Lap 4           | 2.34        | 11:01         | 4:42            | 1           | -              | 33          | 3:25          | 8.72          | 38:20         | 4:23            | 1           | -              | 72         |               |
| Last lap Finish | 1.30        | 5:51          | 4:30            | 1           | -              | 31          | 1:36          | 10.00         | 44:11         | 4:25            | 1           | -              | 28         | 12:17         |