



24. Arnstädter Citylauf
 Arnstadt / 26.04.2014

Detailed evaluation

Voß, Anika

Club: ASV Erfurt
 Number: 303

Course: 10.00 km
 Schwenninger 10-km-Lauf

Category:
 Frauen (20-29 Jahre)

Total time: 44:32

Speed: 13.47 km/h
 Running performance: 4:27 min/km

Rank in course/Total: 32 (of 103)

Rank in course/Women: 2 (of 23)

Best time in course: 44:00

Rank in category: 2(of 7)

Best time in the category: 44:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.70	6:59	4:06	1	-	2	0:15	1.70	6:59	4:06	2			23
Lap 2	2.34	10:40	4:33	2	0:21	2	0:21	4.04	17:39	4:22	2	0:15		23
Lap 3	2.34	10:36	4:31	2	0:15	2	0:15	6.38	28:15	4:25	2	0:30		23
Lap 4	2.34	10:40	4:33	2	0:07	2	0:07	8.72	38:55	4:27	2	0:37		23
Last lap Finish	1.30	5:37	4:19	1	-	1	-	10.00	44:32	4:27	2	0:32	2	0:32