



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Popanda, David

Club: Bad Langensalza
Number: 86

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:10:00

Speed: 10.71 km/h
Running performance: 5:36 min/km

Rank in course/Total: 110 (of 156)

Rank in course/Men: 89 (of 109)

Best time in course: 42:05

Rank in category: 7(of 8)

Best time in the category: 42:05