



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Elstner, Marcus

Club: ThSV DT Bad Langensalza
Number: 23

Course: 12.50 km
12,5 km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:10:18

Speed: 10.67 km/h
Running performance: 5:37 min/km

Rank in course/Total: 112 (of 156)

Rank in course/Men: 91 (of 109)

Best time in course: 42:05

Rank in category: 12(of 14)

Best time in the category: 55:27