



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Krieghoff, Karola

Club: GMRV
Number: 57

Course: 12.50 km
12,5 km-Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:11:05

Speed: 10.13 km/h
Running performance: 5:41 min/km

Rank in course/Total: 114 (of 156)

Rank in course/Women: 23 (of 47)

Best time in course: 57:38

Rank in category: 1(of 1)

Best time in the category: 1:11:05