



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Henning, Rainer

Club: Zweirad Henning
Number: 166

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:17:02

Speed: 9.35 km/h
Running performance: 6:10 min/km

Rank in course/Total: 134 (of 156)

Rank in course/Men: 100 (of 109)

Best time in course: 42:05

Rank in category: 1(of 1)

Best time in the category: 1:17:02