



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Melchior, Sascha

Club: WESTHAUSEN
Number: 132

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:17:08

Speed: 9.72 km/h
Running performance: 6:10 min/km

Rank in course/Total: 135 (of 156)

Rank in course/Men: 101 (of 109)

Best time in course: 42:05

Rank in category: 16(of 16)

Best time in the category: 53:28