



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Zirpel, Thomas

Club: Bad Langensalza
Number: 127

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:29:26

Speed: 8.39 km/h
Running performance: 7:09 min/km

Rank in course/Total: 151 (of 156)

Rank in course/Men: 107 (of 109)

Best time in course: 42:05

Rank in category: 16(of 16)

Best time in the category: 47:58