



3Türmelauf 2014
Bad Langensalza / 27.04.2014

Detailed evaluation

Mende, Herbert

Club: Fa. Rübsam
Number: 73

Course: 12.50 km
12,5 km-Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:00:26

Speed: 12.41 km/h
Running performance: 4:50 min/km

Rank in course/Total: 37 (of 156)

Rank in course/Men: 34 (of 109)

Best time in course: 42:05

Rank in category: 1(of 4)

Best time in the category: 1:00:26